

## **2021 Lenten Schedule**

### **Ash Wednesday (February 17)**

Mass Times: 8:00 A.M. and 7:00 P.M.

Liturgy of the Word Service: 12:00 P.M.

→ *(These are the only times that ashes will be available)*



**Stations of the Cross:** Fridays at 7:00 P.M. (6:30 P.M. on March 5).

### **Holy Week Schedule**

Palm Sunday Masses (March 27-28): Sat. 5:00 P.M.; Sun. 10:00 A.M. and 12:00 P.M.  
(English); 2:00 P.M. (Tridentine)\*

Holy Thursday (April 1): 7:00 P.M. Mass followed by Eucharistic Adoration until  
Midnight (Night Prayer at 11:50 P.M.)

Good Friday (April 2): 12:00 P.M. Prayers and Devotions, 2:00 P.M. Stations of the  
Cross, 3:00 P.M. Good Friday Liturgy, 8:15 P.M. Tenebrae

Holy Saturday (April 3): 11:30 A.M. Blessing of Baskets; 8:30 P.M. Easter Vigil

Easter Sunday (April 4): 8:00 A.M. (Tridentine), 10:00 A.M., and 12:00 P.M. (No  
adoration or Evening Prayer)

### **Confessions**

Mondays, Tuesdays, and Wednesdays: 7:30-7:50 A.M.

Thursdays: 6:00-6:50 P.M.

Fridays: 6:30-6:50 P.M. (6:00 P.M. on March 5)

Saturdays: 7:30-7:50 A.M. and after the 8:00 A.M. Mass; 4:00-4:50 P.M.

Sundays: 7:30 and 9:30 A.M. (except Palm Sunday)

*No Confession on Easter Sunday*

### **No Vicariate Penance Services this year**

\* *Please note the special Mass time for Palm Sunday only. No 8:00 A.M. Mass on Palm Sunday.*

# How to Go to Confession

**Before You Go...** Prepare. Prayerfully use an “examination of conscience” to guide you so that you know what to say.

1. Introduction. When you come before the priest, begin by making the Sign of the Cross (praying the words out loud), and continue by saying, “**Bless me (or Forgive me), Father, for I have sinned. It has been (how long) since my last confession. These are my sins...**”

2. Confession. Acknowledge the sins you have committed that came to mind when you did your examination of conscience and roughly how many times that sin was committed. **Don’t be too general** (e.g., “I haven’t been a good person”), but **a lot of detail isn’t necessary** either (i.e., you don’t need to tell the whole story with all the background). If you’re not sure if something is a sin, just ask the priest. If the priest needs more information, he’ll ask. Remember, confession isn’t counseling. Just be brief and to the point.

3. Penance. The priest will give you a penance – something for you to do as a way to make up for the damage caused by sin. You’ll have to remember what this is and do it after the confession is over, so don’t forget!

4. Contrition. The priest will then ask you to pray your “Act of Contrition,” demonstrating your sorrow for your sins. **This needs to be prayed out loud for the priest to hear**. The two common forms are:

## ACT OF CONTRITION

O my God, I am heartily sorry  
for having offended you and I detest all my sins,  
because I dread the loss of heaven and the pains of  
hell;  
but most of all because they offend you, my God,  
who are all good and deserving of all my love.  
I firmly resolve with the help of your grace,  
to confess my sins, to do penance, and to amend my  
life. Amen.

OR:

My God, I am sorry for my sins with all my heart.  
In choosing to do wrong and failing to do good,  
I have sinned against You whom I should love  
above all things. I firmly intend, with your help,  
to do penance, to sin no more, and  
to avoid whatever leads me to sin.  
Our Savior Jesus Christ suffered and died for us.  
In his name, my God, have mercy.

5. Absolution. After you say the Act of Contrition, the priest will extend his right hand in your direction and he will pray the **Prayer of Absolution**: “*God, the Father of Mercies, through the death and resurrection of his Son, has reconciled the world to himself and sent the Holy Spirit among us for the forgiveness of sins. Through the ministry of the Church, may God grant you pardon and peace. And I absolve you from your sins* (here, make the Sign of the Cross) *in the name of the Father, and of the Son, and of the Holy Spirit. Amen.*” You respond: **Amen**.

6. Conclusion. The priest will then likely say something like, “Go in Peace.” To which you can respond: “Thanks be to God.” Or he might say, “Give thanks to the Lord for He is good. To which you respond: “His mercy endures forever.”

**After You Leave...** Don’t forget to do your penance. If it involves saying certain prayers, **do it right away in the church before you forget**.

And don’t forget to give thanks to God for His Mercy and forgiveness!